



## Try Chi Packing List

Camp Chi is a place for comfortable, loose fitting, old clothes. Campers will be active every day and will need a variety of clothing to suit all activities and weather conditions.

**Please label ALL of your child's belongings with his/her FIRST AND LAST NAME.** We are not responsible for clothing or items that are lost or damaged.

All items should be packed in one duffle bag. *Suitcases are not really practical at camp and take up a lot of room in cabins.* Campers can also bring a backpack with them on the bus.

### Packing List

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- 4 changes of underwear and socks
- 2 pairs of jeans/sweat pants
- 1 pajamas
- 4 shorts
- 1 sweatshirt, fleece or jacket for evenings
- 4 short sleeve t-shirts
- 1 long sleeve t-shirt
- 1 white t-shirt for tie-dying
- rain poncho or jacket
- 2 pairs of shoes (sandals and gym shoes)
- 1 pair of shower shoes (can be inexpensive flip flops)
- 2 swim suits
- sunscreen
- insect repellent (pump or wipes, no spray cans)
- flashlight
- 2 towels (beach and shower)
- toiletries (toothbrush, toothpaste, shampoo, soap, deodorant, etc.)
- blanket and twin sheets
- pillow and pillow case
- reusable water bottle

### Items Not Allowed

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- Cell phones
- Any devices that can connect to the internet
- DVD players, computers, TVs
- Money
- Food or bottled water (except for bus ride to camp)
- Knives or any weapons

**Questions? Contact us at 847.763.3551**