

# IMPORTANT HEALTH CENTER PROCEDURES PRESCRIPTION MEDICATION INSTRUCTIONS

## REGISTER WITH PACK MY RX FOR CURRENT PRESCRIBED MEDICATIONS

To ensure the best possible quality of care in our health center, we require **all** campers who take prescriptions, supplements, vitamins and/or over-the-counter medications to enroll in a pharmacy service provided by PackMyRx. This service ensures higher efficiency, lower risk of error, reduced waiting time for your campers and increased focus on their overall health.

**We expect 100% participation from families with campers who will need medication while at camp.** The only exception is if the pharmacy notifies us that they are unable to accept your insurance or fill a particular medication. (Please see below on what to do if this applies to you.) **There is a \$100 fee for any camper who does not comply with this process and brings medication to camp on their own. Anyone who brings medication must bring it in pre-packaged and labeled blister packs. These families would still be subject to the non-compliance fee.**

PackMyRx will package your camper's meds and deliver them directly to camp prior to your camper's arrival. All pills will be pre-packaged in dose packs. PackMyRx will manage every step of the process, including insurance payments, dispensing and delivery.

Please follow these instructions:

- Register online at [www.packmyrx.com](http://www.packmyrx.com)
- Please review the Parent FAQs in your CampInTouch account for any questions. You can always contact PackMyRx at 888-555-MEDS (6337) or [info@packmyrx.com](mailto:info@packmyrx.com)

- Submit all prescription to Direct Meds of Florida as early as possible, no later than 1 month before your session begins. If your camper is ordering non-prescription items (OTC medications, vitamins, and/or supplements) a doctor's note or parents note is required.
- The deadline for campers attending Session IA, Session IB, Take Two, Outpost Village, Full Summer, or SITs is **May 1, 2022**.
- Deadline for PNW & Mini Session 1 is **June 1, 2022**.
- The deadline for campers attending Session II, or Mini Session 2 is **June 15, 2022**

All medication orders must be received 30 days prior to start of the session. All orders after that will incur an additional \$30 for those with less than 30 days before camp begins, and \$85 for those if less than 14 days before camp begins. This includes expedited shipping.

Please see the FAQ section on pages 2-3 for questions about as-needed meds, unusual supplements, liquid medications, controlled medications and more.

If you have problems submitting any of your forms, documents, or insurance information, please contact Pack My Rx at 888-555-MEDS (6337) or [info@packmyrx.com](mailto:info@packmyrx.com).

# PRESCRIPTION MEDICATION FAQs

## **How much does this service cost?**

There is no cost to families as Camp Chi is covering all registration fees. There are late fees that families will be charged if they do not register and submit prescriptions at least 30 days before their session begins. Any camper who does not comply with this process and brings medication to camp will be charged a \$100 fee.

## **How is my insurance billed? How am I billed for co-pays?**

The pharmacy will bill your insurance company directly prior to the start of your session. They are contracted with all major and most minor prescription carriers. Any out-of-pocket costs (e.g. co-pays, deductibles, over-the-counter medications, non-covered medications) will be charged to your credit card. Pack My Rx will fill prescriptions prior to camp but does not usually bill your insurance until camp begins. Please ask your insurance to allow a vacation override for the summer camp months. PackMyRx will contact you with any questions about your insurance.

## **How are the medications packaged?**

Medications are packaged in dose packs that include a detailed label with your camper's name, date of birth, date and time to be administered, as well as any special instructions. A camp nurse opens the perforated packet and administers the medications to your camper. Only medications in pill form are included in the dose pack. All other medications will be packaged and dispensed separately.

## **Does PackMyRx supply over-the-counter (OTC) medications, vitamins, and supplements?**

Yes. They offer a large assortment of vitamins and nutritional supplements at competitive rates. The pharmacy will need a prescription from your camper's doctor or a note from the parents for all medications, including over-the-counter medications, vitamins and supplements. This prescription should include dose, times to be given and any other detailed instructions. These items will be packaged together with your camper's other medications. Camp Chi has over-the-counter medications available for campers' occasional use, such for headaches, stomach aches, congestion or fevers.

## **Can the pharmacy supply non-pill form medications such as creams, drops or liquid medications?**

Yes. The medications will be included in separate, resealable packages with dosing instructions. Gummies or dissolvable medications cannot be packed in the pill packs, so please substitute with a tablet or chewable alternative.

## **What about injectables?**

Camp Chi has chosen to allow families to package and send injectable medications, such as growth hormones or insulin, to camp with their campers. Please contact Camp Chi if you want more information about the camp's practices for administering injectables.

## **Do I need to use this service for EpiPens and/or rescue inhalers?**

If your child needs to use an EpiPen or Rescue inhalers, they can come to camp with your camper and do not have to be filled through PackMyRx.

## **Can they package prescription medications my child uses on "as needed" basis?**

Yes, both prescription and over the counter medications can be packaged "as needed."

## **Can a half pill be packaged?**

Yes, your camper's physician must specifically write your camper's prescription to be packaged as a half pill.

## **What time are medications dispensed at camp?**

We dispense medications at mealtimes and bedtime. If your camper's medication is required to be taken at a certain time, please make sure your doctor indicates the times taken with the medication. Prescriptions written as "one pill per day" will be administered at breakfast unless otherwise indicated.

## **Will the pharmacy dispense generic or brand medications?**

The pharmacy will dispense generic medications unless otherwise specified by your physician as "Do Not Substitute" or "Brand Only." Please notify your camper's physician accordingly if you do not want generic prescription or over-the-counter medications. For OTC medications, PackMyRx will provide generics unless you specify otherwise.

## **What if my camper is at camp for longer than a month?**

Pack My Rx packages in 30 day increments. If your camper is coming for a session that is longer, you must indicate that when you register with them. A 30 day refill will be sent to camp for campers who are there for more than 30 days. Any excess medication is returned to you at the end of the summer.

**What if my insurance requires 90-day mail order prescriptions?**

You should contact your insurance company and explain that your camper is attending camp and needs a 30-day prescription for pre-filled medication distribution. Most times, when you explain the procedure, they will give you a separate prescription for the summer. If you are having problems with this, you can also contact PackMyRx for assistance with your insurance company.

**My camper is prescribed a controlled substance. How does PackMyRx manage the limitations on filling these prescriptions?**

PackMyRx must receive an electronic prescription (or original prescription if your doctor does not electronically prescribe) for all controlled medications prior to shipping the medication. Prescriptions for controlled drugs will only be accepted for a 30-day supply. If your camper is attending camp for a longer period, the doctor MUST supply a separate prescription for each 30-day period.

**What if my camper's medication needs to be refilled while at camp?**

If your camper is at camp for more than 30 days, the pharmacy will refill the medication and ship it directly to camp. Do not refill your camper's medication while at camp, as this will cause your insurance to reject the insurance claim.

**What if my camper is started on a prescription or nonprescription daily medication after the deadline date to register and submit prescriptions has passed?**

The pharmacy will work with you regarding late medication changes. Please contact them as soon as you are aware of any changes to your camper's medication regimen.

**What happens to the extra medications if my child is at camp less than 30 days?**

All medication is packaged for a 30-day supply. All unused medication will be sent home with your camper on the last day of camp.

**What if my camper is prescribed medication while at camp?**

These medications will be filled at camp through the local Walgreens. Please follow our instructions about registering with Walgreens prior to camp. You can find this information online in the "Preparing for Camp" section.

# REGISTER WITH WALGREENS FOR NEW PRESCRIBED MEDICATIONS WHILE AT CAMP

**If your camper is sick and our camp physician prescribes medication while at camp, it will be filled at the local Walgreens Pharmacy.**

We ask you to work together with us and Walgreens in making the process smooth. Please register your campers with Walgreens and include your insurance information and credit card. If your insurance is not affiliated with Walgreens, getting a referral would be helpful.

If your camper is not already registered at Walgreens, we ask that you do so at least one week before your camper leaves for camp. If you are already registered, please take a moment to check your account and confirm that the insurance information and credit card on file are current.

Please follow these simple instructions to register your child and insurance at Walgreens. You have 2 options: to do so in person at any Walgreens or register online.

1. If you chose to register in person, visit any Walgreens with your insurance and/or prescription card and a credit card. They will enter this information in their nationwide, secure database.
2. If you prefer to register online, you can go to the Walgreens website: [www.walgreens.com](http://www.walgreens.com).
  - Click on Account at top right.
  - Choose Register
  - Enter name, email & password and click continue
  - On account homepage, click Join Now under Manage Your Prescriptions
  - Complete the registration setup.

Thank you for understanding of the importance of filling prescription medications.

Please provide the letter below to your doctor's office, so they can submit the prescriptions directly to PackMyRx. Everything must be submitted by E-Rx, fax, mail or called in as outlined below.



Dear Physicians,

**Pack My Rx** works exclusively with **Direct Meds of Florida Pharmacy**, to dispense medications in convenient and safe multi-dose strip pouches.

**Prescriptions must be sent from the physician by  
E-Rx, Fax, Mail, or Called in to:**

**Direct Meds of Florida Pharmacy**

**Phone:** 954-454-8118 or 888-598-6337

**Fax:** 954-454-9898

**Address:** 800 E. Hallandale Beach Blvd. #18  
Hallandale Beach, FL 33009

**NCPDP:** 1053456

**Our pouches are labeled:  
BREAKFAST, LUNCH, DINNER, AND BEDTIME  
\*Please specify when each medication should be given.**

**Prescription Medications**

- Prescriptions must be written for 30 days with 1 refill to cover the entire summer.
- The date on the prescriptions must be at least 2 weeks before camp starts.
- Generics will be dispensed unless brands are requested as "DAW".
- We do not dispense compounded medications.

**Controlled Substance Prescriptions**

- Must be sent by either E-Rx or by mailing the original script(s) to us. E-Rx's are preferred.
- Florida only allows prescriptions for controlled substances for 30 days. If possible, please send 2 separate postdated prescriptions if child is at camp more than 30 days.

**Over-the-Counter Medications and Supplements**

- Generics will be dispensed unless brands are specifically requested.
- Gummy and dissolvable medications and supplements cannot be packaged in pouches, please substitute for chewable alternatives.